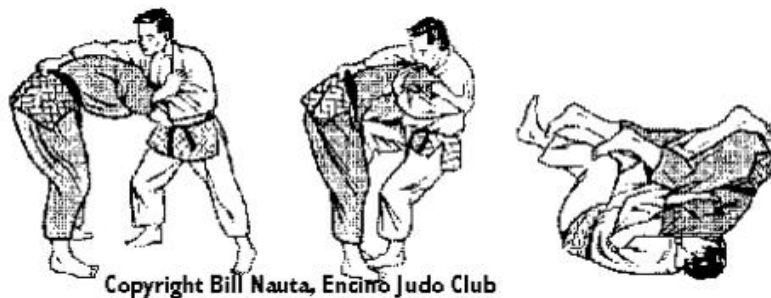




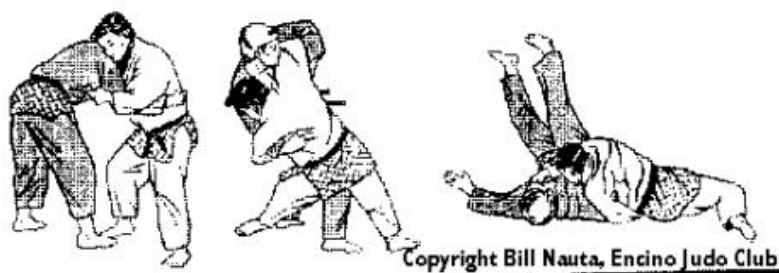
## Blått belte, 2. kyu / mon

Illustrasjoner Nage-waza (Kast)

### 1. Sumi Gaeshi



### 2. Tani Otoshi



### 3. Hane Makikomi



### 4. Sukui Nage

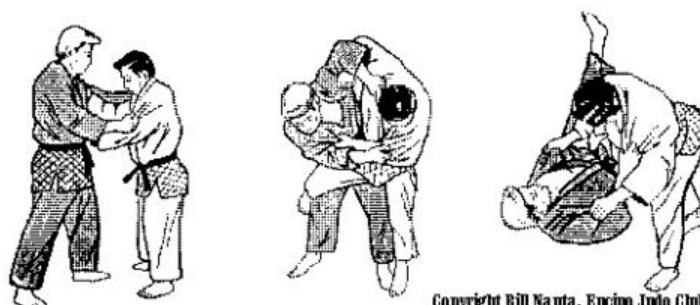


### 5. Utsuri Goshi



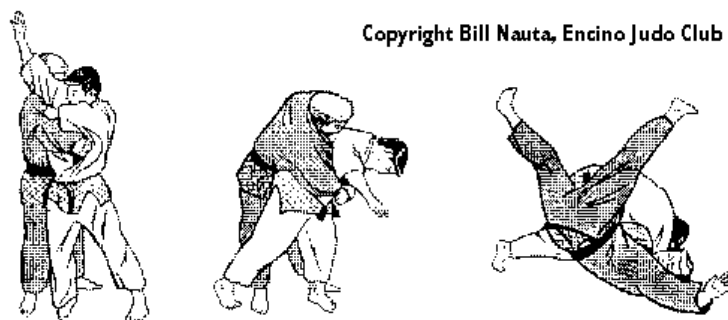
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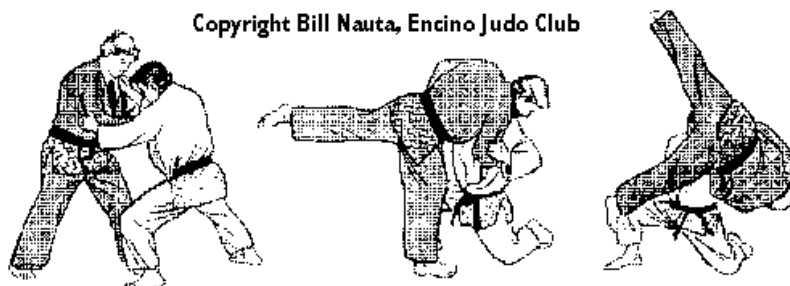
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